

# The Johari Window Part Two - How Do You Develop?

**What's Unique about You?**  
- What's in the boxes and how big are they?

**Life, Learning, Growth and Development** - Creates change in the relative sizes

Personality development

Good and bad experiences

Lessons learned

**Feedback** - Information from outside sources, your environment, other people

Moves vertical line right

**Disclosure** - Sharing and discussing your thoughts and feelings with others

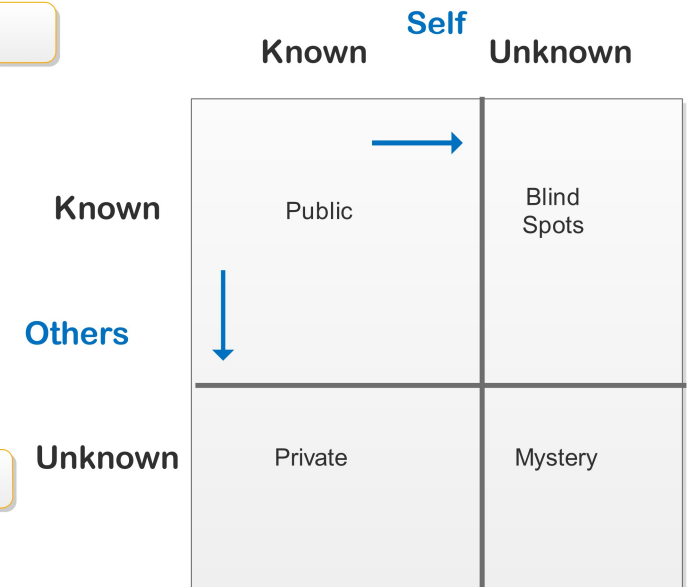
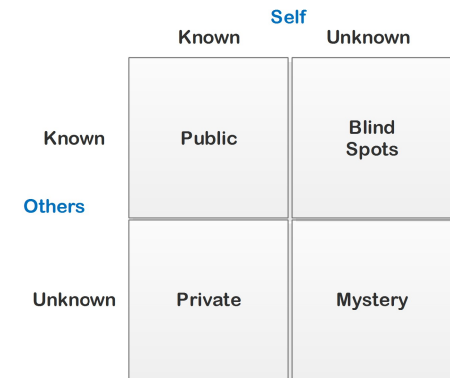
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**Effects of Change** - More and less areas in different boxes

Larger Public area

Less Blind Spots

Small Private area



Discoveries from Mystery area?

Source: Developed from work by Joseph Luft and Harrington Ingham